



**Pippi Coast**  
Alison Williams

# Pippi Coast

Alison Williams, a Gumbaynggirr woman

This artwork depicts women digging for pippies with their feet on the shore. An age old practice that is filled with identity and ancestry and an awareness of the rhythms of nature.

Pippies are a staple food source for Gumbaynggirr and coastal Aboriginal people and are a comforting native food that evokes nostalgic memories of childhood and carefree times.

*Sharing the Wisdom of Our Elders*



Australia's National Institute for Aboriginal and Torres Strait Islander Health Research

This project is an outcome of the Koori Growing Old Well Study and was funded by The Lowitja Institute CRC. For full details see the *Sharing the Wisdom of Our Elders Final Report 2019*.

