

Iconographical Falls Efficacy Scale

Icon-FES

10-item version
for older people living in a house

developed by

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Discover. Conquer. Cure.

Delbaere K, Smith S, Lord S. Development and Initial Validation of the Iconographical Falls Efficacy Scale. *J Gerontol A Biol Sci Med Sci* 2011;2011; 66A:674-680.

“Please look at each picture carefully, and try to imagine yourself performing the activity.”

If you currently don't do the activity (e.g. if someone does your shopping for you), please answer to indicate whether you think you would be concerned about falling IF you did the activity.

Imagine that you are using your normal walking aid.

“We would like to know how concerned you are about the possibility of falling while doing any of the following activities, as pictured on the drawings. For each of the following activities, please show the level of concern which is closest to your own opinion to show how concerned you are that you might fall if you did this activity.”

“According to the following SCALE (show scale): not at all concerned, somewhat concerned, fairly concerned, very concerned.”



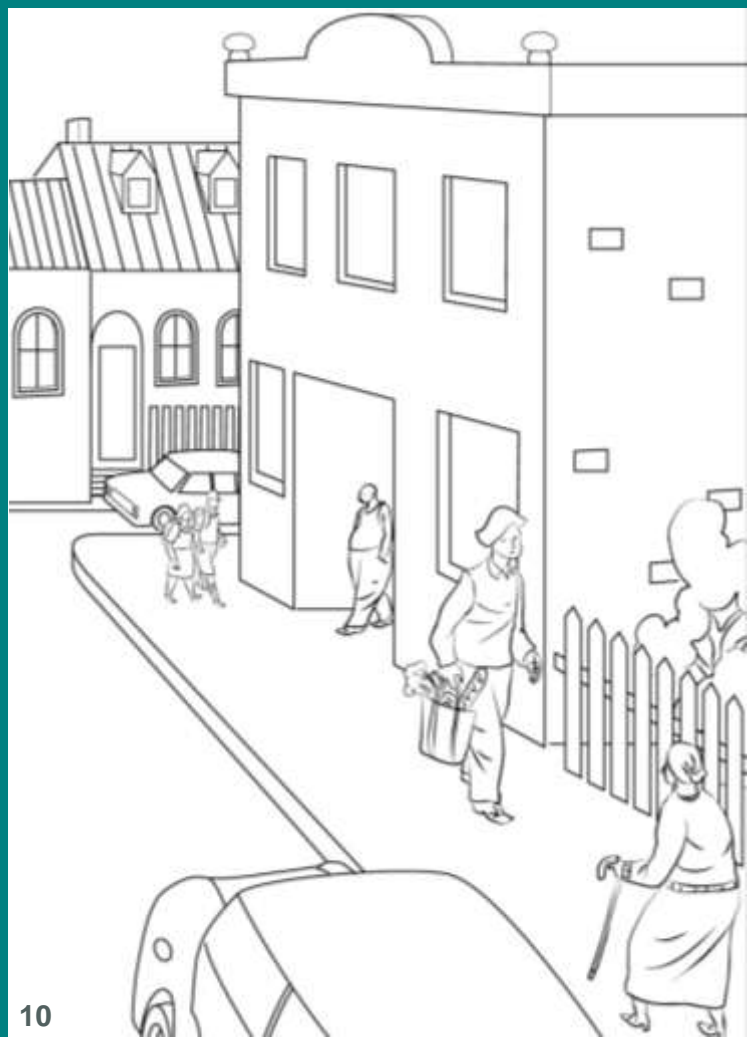


Taking a bath















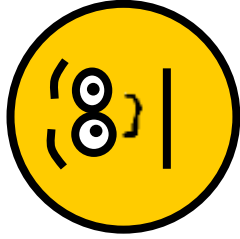


Cleaning the gutter



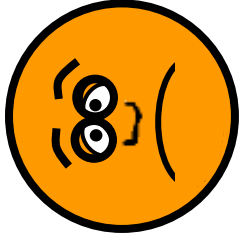
1

Not at all
concerned



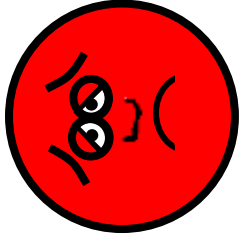
2

Somewhat
concerned



3

Fairly
concerned



4

Very
concerned