

The Enhanced Advance Care Planning and Life Review Longitudinal Intervention – Community Outreach (EARLI-comm) Project. UNSW HREC Number: iRECS5184

Researchers from the University of New South Wales are running a study.

We are looking for volunteers

We are looking for volunteers to be part of a project, called the 'EARLI-comm' project. The EARLI-comm project is about:

- life story work (telling some of your life story) and
- advance care planning (what is important to you in your future care).

We are studying whether the EARLI-comm project helps people to feel better (improved mood) and if it helps people to feel more certain about decisions for future care.

What does it involve?

- In this project, a trained member of the research team will meet with you to talk about some of your life story and provide assistance with advance care planning.

How does it work?

- People who volunteer can invite a family member or friend to participate.
- The project is voluntary - you do not have to participate.
- If you do choose to participate, you can stop at any time.
- The project is free (no cost).

Am I eligible?

You may be eligible if you:

- are 65 years of age or older and have an ongoing (chronic) health condition which impacts on your activities of daily living, OR
- are 45 years of age or older and have a diagnosis of Human Immunodeficiency Virus (HIV), OR
- are 45 years of age or older and living with one of the following neurological conditions (Dementia, Parkinson's Disease, Huntington's Disease, Motor Neurone Disease, Mitochondrial Diseases)

You can call the research team directly - contact phone number Craig (02) 9399 1095 or register your interest online at <https://redcap.link/earli> (or below QR code). Thank you for your time.



Thank you